




The Courtyard November 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|---|--|
|  Daily Activities Date & Time are Subject to Change | 1 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Baking Club/Indoor Games 1:30 Seated Yoga/Let's Create! 3:00 Bingo/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games | 2 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Rosary 3:00 Music & More!!! 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games | 3 8:00 Catholic Mass on TV 9:30 Sit & Fit 10:30 Topic of the Day 1:30 Violist Chen Lin via Zoom/ Niggium Circle w/ Talia 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games | 4 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Nature Connection 1:30 ArtMatters Lecture/Rosary 3:00 Sing Along/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games | 5 8:00 Catholic Mass on TV 9:30 Sit & Fit 10:30 Flower Arranging 1:30 Word Games/Art Expressions 3:00 Classical Pianist Minkyung Oh 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games | 6 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Coffee & Conversation 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games |
| 7 9:00 Catholic Mass 9:30 Sit & Fit 10:30 Reminisce/Music!!! 1:30 Let's Move!/Afternoon Tea 3:00 Front Porch Travels 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games | 8 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Knit & Stitch/Sensory Art 1:30 Roman Music Therapy 3:00 Bingo/Poets & Poetry 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games | 9 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Rosary 3:00 Music & More!!! 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games | 10 8:00 Catholic Mass on TV 9:30 Sit & Fit 10:30 Topic of the Day 1:30 Virtual Concert/ Niggium Circle w/ Talia 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games | 11 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Baking Club 1:30 ArtMatters Lecture/Rosary 3:00 Sing Along/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games | 12 8:00 Catholic Mass on TV 9:30 Sit & Fit 10:30 Flower Arranging 1:30 Word Games/Art Expressions 3:00 Entertainer Nancy Day 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games | 13 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Coffee & Conversation 1:30 Let's Move/Game Play 3:00 Silent Movie Presentation w/ Richard Hughes 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games |
| 14 9:00 Catholic Mass 9:30 Sit & Fit 10:30 Reminisce/Sensory Magic! 1:30 Let's Move!/Bingo 3:00 Name That Tune! 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games | 15 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Baking Club/Indoor Games 1:30 Seated Yoga/Let's Create! 3:00 Bingo/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games | 16 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Rosary 3:00 Music & More!!! 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games | 17 8:00 Catholic Mass on TV 9:30 Sit & Fit 10:30 Topic of the Day 1:30 Virtual Concert/ Niggium Circle w/ Talia 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games | 18 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Nature Connection 1:30 ArtMatters Lecture/Rosary 3:00 Sing Along/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games | 19 8:00 Catholic Mass on TV 9:30 Sit & Fit 10:30 Flower Arranging 1:30 Word Games/Art Expressions 3:00 Pianist Steve Heck 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games | 20 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games |
| 21 9:00 Catholic Mass 9:30 Sit & Fit 10:30 Reminisce/Music!!! 1:30 Let's Move!/Afternoon Tea 3:00 Front Porch Travels 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games | 22 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Knit & Stitch/Sensory Art 1:30 Roman Music Therapy 3:00 Bingo/Poets & Poetry 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games | 23 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Rosary 3:00 Music & More! 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games | 24 9:30 Sit & Fit 10:30 Topic of the Day 1:30 Virtual Concert/ Niggium Circle w/ Talia 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games | Happy Thansgiving 25 8:00 Catholic Mass on TV 9:00 Macy's Day Parade 9:30 Morning Exercise 10:30 Thanksgiving Traditions 1:30 Thanksgiving Movie Special 3:00 Pianist Yas Ishibashi 4:00 Activity Cafe/Indoor Walk | 26 8:00 Catholic Mass on TV 9:30 Sit & Fit 10:30 Flower Arranging 1:30 Word Games/Art Expressions 3:00 Pianist Franco Leon 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games | 27 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games |
| 27 9:00 Catholic Mass 9:30 Sit & Fit 10:30 Reminisce/Sensory Magic! 1:30 Let's Move!/Bingo! 3:00 Name That Tune! 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games | 28 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Baking Club/Indoor Games 1:30 Seated Yoga/Let's Create!! 3:00 Bingo/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games | 29 8:00 Catholic Mass on TV 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/ Celebrate Hanukkah 3:00 Music & More! 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games | 30 9:30 Sit & Fit 10:30 Topic of the Day 1:30 Virtual Concert/ Niggium Circle w/ Talia 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games |  Mass Schedule on EWTN TV Catholic Mass at 8:00 AM |  Daily Walk Club at 10:00 AM & 4:00 PM Daily Weather at 9:00 AM | |