




The Courtyard September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Daily Activities Date & Time are Subject to Change	 Mass Schedule on EWTN TV Catholic Mass at 8:00 AM	 Daily Walk Club at 10:00 AM & 4:00 PM Daily Weather at 9:00 AM	8:00 Catholic Mass on TV 1 9:30 Sit & Fit 10:30 Topic of the Day/ Activity Cafe 1:30 Virtual Concert/Bible Study 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 2 9:30 Morning Exercise 10:30 Cooking Club 1:30 ArtMatters Lecture/Rosary 3:00 Sing Along/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 3 9:30 Sit & Fit 10:30 RendevertFit Demonstration 1:30 Roman Music Therapy 3:00 Outdoor Concert w/ Nancy Day 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 4 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Coffee & Conversation 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
9:00 Catholic Mass 5 9:30 Sit & Fit 10:30 Reminisce 1:30 Let's Move!/Afternoon Tea 3:00 Front Porch Travels 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	Labor Day 6 8:00 Catholic Mass on TV 9:30 Morning Exercise 10:30 Knit & Stitch/Sensory Art 1:30 Seated Yoga/Let's Create! 3:00 Bingo/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 7 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Celebrate Rosh Hashannah 3:00 Ballroom Dancing w/ Michael Winward 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 8 9:30 Sit & Fit 10:30 Topic of the Day/ Activity Cafe 1:30 Classical Pianist Keunyoung Sun via Zoom 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 9 9:30 Morning Exercise 10:30 Nature Connection/ 1:30 ArtMatters Lecture/Rosary 3:00 Ice Cream Social Alz Fundraiser... 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 10 9:30 Sit & Fit 10:30 Flower Arranging 1:30 Word Games 3:00 Outdoor Concert Boom/Leighton Jazz Duo 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 11 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
9:00 Catholic Mass 12 9:30 Sit & Fit 10:30 Reminisce/Sensory Magic! 1:30 Let's Move!/Bingo 3:00 Name That Tune! 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 13 9:30 Morning Exercise 10:30 Garden Club/Indoor Games 1:30 Seated Yoga/Let's Create! 3:00 Travel Hour: Fall in New England 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 14 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Rosary 3:00 Music & More!!! 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 15 9:30 Sit & Fit 10:30 Topic of the Day/ Activity Cafe 1:30 Virtual Concert/Bible Study 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 16 9:30 Morning Exercise 10:30 Cooking Club 1:30 ArtMatters Lecture/Rosary 3:00 Sing Along/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 17 9:30 Sit & Fit 10:30 Flower Arranging 1:30 Roman Music Therapy/ Word Games 3:00 Classical Pianist Minkyung Oh 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 18 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Coffee & Conversation 1:30 Let's Move/Game Play 3:00 Silent Movie Presentation w/ Richard Hughes 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
9:00 Catholic Mass 19 9:30 Sit & Fit 10:30 Reminisce/Music!!! 1:30 Let's Move!/Afternoon Tea 3:00 Front Porch Travels 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 20 9:30 Morning Exercise 10:30 Knit & Stitch/Sensory Art 1:30 Seated Yoga/Let's Create! 3:00 Bingo/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 21 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Rosary 3:00 Music & More! 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	9:30 Sit & Fit 22 10:30 Topic of the Day/ Activity Cafe 1:30 Classical Pianist Franco Leon via Zoom 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 23 9:30 Morning Exercise 10:30 Nature Connection/ 1:30 Art Expressions/Rosary 3:00 Poets Corner/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 24 9:30 Sit & Fit 10:30 Miniature Horses visits... 1:30 Flower Arranging 3:00 Classical Pianist 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 25 9:30 Stretch & Flex 10:30 Bryan's Antique Roadshow/ Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
9:00 Catholic Mass 26 9:30 Sit & Fit 10:30 Reminisce/Sensory Magic! 1:30 Let's Move!/Bingo! 3:00 Name That Tune! 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 27 9:30 Morning Exercise 10:30 Garden Club/Indoor Games 1:30 Seated Yoga/Let's Create!! 3:00 Travel Hour: Fall in New England 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 28 9:30 Stretch & Flex 10:30 Picture Poetry/Puzzles 1:30 Let's Move/Rosary 3:00 DJ George Landers ??? 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	9:30 Sit & Fit 29 10:30 Topic of the Day/ Activity Cafe 1:30 Classical Pianist Sivan Etedgee via Zoom/Bible Study 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 30 9:30 Morning Exercise 10:30 Cooking Club 1:30 Art Expressions/Rosary 3:00 Poets Corner/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games		