




The Courtyard December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Daily Activities Date & Time are Subject to Change		8:30 Catholic Mass on TV 1 9:30 Armchair Travel/Walk Club 10:30 Sit & Fit/Art Expressions 1:30 Let's Move/Rosary 3:00 Memory Lane Show 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 2 9:30 Morning at the Spa/Storytelling 10:30 Seated Yoga/Baking 1:30 At the Piano Series 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 3 9:30 Connect with Nature 10:30 Morning Exercise/Fun Facts 1:30 ArtMatters via Zoom 3:00 Holiday Movie/Brain Teasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 4 9:30 Virtual Reality/Walk Club 10:30 Let's Dance! 1:30 Roman Music Therapy/Flower Arranging 3:00 Move & Groove/Word Play 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 5 9:30 Virtual Reality/Walk Club 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Fill My Heart w/ Songs w/ Joel Light 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV 6 9:30 Art Expression/Music!!! 10:30 Seated Yoga/Wordathon 11:00 Communion Service 1:30 Let's Move!/Let's Create 3:00 Name That Tune!/Bingo 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 7 9:30 Nature Hour/Music History 10:30 Stretch & Flex/Seated Yoga 1:30 Tea & Conversations/Holiday Crafts 3:00 Documentary/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 8 9:30 Armchair Travel/Walk Club 10:30 Sit & Fit/Art Expressions 1:30 Let's Move/Rosary 3:00 Memory Lane Show 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 9 9:30 Morning at the Spa/Storytelling 10:30 Seated Yoga/Baking 1:30 At the Piano Series 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	Hanukkah begins at sundown 10 8:30 Catholic Mass on TV 9:30 Hanukkah Traditions 10:30 Morning Exercise/Fun Facts 1:30 ArtMatters via Zoom 3:00 Holiday Movie/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 11 9:30 Virtual Reality/Creative Connection 10:30 Let's Dance! 1:30 Roman Music Therapy/Flower Arranging 3:00 Move & Groove/Word Play 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 12 9:30 Virtual Reality/Walk Club 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV 13 9:30 Art Expression/Music!!! 10:30 Seated Yoga/Wordathon 11:00 Communion Service 1:30 Let's Move!/Let's Create! 3:00 Name That Tune!/Bingo 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 14 9:30 Nature Hour/Music History 10:30 Stretch & Flex/Seated Yoga 1:30 Tea & Conversations/Holiday Crafts 3:00 Documentary/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 15 9:30 Armchair Travel/Walk Club 10:30 Sit & Fit/Picture Poetry 1:30 Let's Move/Rosary 3:00 Memory Lane Show 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 16 9:30 Morning at the Spa/Storytelling 10:30 Seated Yoga/Baking 1:30 At the Piano Series 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 17 9:30 Connect with Nature 10:30 Morning Exercise/Fun Facts 1:30 ArtMatters via Zoom 3:00 Holiday Movie/Brainteasers 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 18 9:30 Virtual Reality/Walk Club 10:30 Let's Dance! 1:30 Roman Music Therapy/Flower Arranging 3:00 Move & Groove/Word Play 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 19 9:30 Virtual Reality/Walk Club 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV 20 9:30 Art Expression/Music!!! 10:30 Seated Yoga/Wordathon 11:00 Communion Service 1:30 Let's Move!/Let's Create 3:00 Name That Tune!/Bingo 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 21 9:30 Nature Hour/Music History 10:30 Stretch & Flex/Seated Yoga 1:30 Tea & Conversations/Holiday Crafts 3:00 Documentary/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 22 9:30 Armchair Travel/Walk Club 10:30 Sit & Fit/Art Expressions 1:30 Let's Move/Rosary 3:00 Memory Lane Show 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 23 9:30 Morning at the Spa/Storytelling 10:30 Seated Yoga/Baking 1:30 At the Piano Series 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	Christmas Eve 24 8:30 Catholic Mass on TV 9:30 Christmas Traditions 10:30 Sit & Fit 1:30 ArtMatters Prerecorded 3:00 Christmas Movie 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	Christmas Day 25 8:30 Catholic Mass on TV 9:30 Virtual Reality/Walk Club 10:30 Let's Dance! 1:30 Christmas Movie 3:00 Holiday Sing Along 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV 26 9:30 Virtual Reality/Walk Club 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV 27 9:30 Art Expression/Music!!! 10:30 Seated Yoga/Wordathon 11:00 Communion Service 1:30 Let's Move!/Let's Create 3:00 Name That Tune!/Bingo 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 28 9:30 Nature Hour/Music History 10:30 Stretch & Flex/Seated Yoga 1:30 Tea & Conversations/Holiday Crafts 3:00 Documentary/Word Games 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 29 9:30 Armchair Travel/Walk Club 10:30 Sit & Fit/Picture Poetry 1:30 Let's Move/Rosary 3:00 Memory Lane Show 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV 30 9:30 Morning at the Spa/Storytelling 10:30 Seated Yoga/Baking 1:30 At the Piano Series 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	New Year's Eve 31 8:30 Catholic Mass on TV 9:30 New Year's Eve Traditions 10:30 Sit & Fit 1:30 ArtMatters Prerecorded 3:00 Ring in the New Year! 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	 Daily Walk Club at 10:00 AM & 4:00 PM	 Mass Schedule on TV Catholic Mass Monday - Saturday at 8:00 on Catholic TV