


# The Courtyard June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30 Catholic Mass on TV <b>1</b> 9:30 Music Hour/Walk Club 10:30 Stretch & Flex 1:30 Let's Move/Activity Cafe 3:00 Trivia Fun! 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>2</b> 9:30 Comedy Hour/Walk Club 10:30 Sit & Fit 1:30 Seated Yoga/Rosary 3:00 Sing Along 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>3</b> 9:30 Nature Walk/Virtual Reality 10:30 Seated Strength 1:30 Sit & Fit/Let's Create 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>4</b> 9:30 Nature Walk/Virtual Reality 10:30 Physioball Fitness 1:30 Seated Yoga/Rosary 3:00 Guess Who/Gardening 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>5</b> 9:30 Nature Walk/Virtual Reality 10:30 Sit & Fit 1:30 Art Appreciation/Activity Cafe 3:00 Flower Arranging/Game Play 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV <b>6</b> 9:30 Comedy Hour 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV <b>7</b> 9:30 Comedy/Activity Cafe 10:30 Morning Stretch 1:30 Seated Yoga/Rosary 3:00 Game Play/ Summer Spritzers 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>8</b> 9:30 Music Hour/Walk Club 10:30 Stretch & Flex 1:30 Let's Move/Activity Cafe 3:00 Trivia Fun! 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>9</b> 9:30 Comedy Hour/Walk Club 10:30 Sit & Fit 1:30 Seated Yoga/Rosary 3:00 Sing Along 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>10</b> 9:30 Nature Walk/Virtual Reality 10:30 Seated Strength 1:30 Sit & Fit/Let's Create 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>11</b> 9:30 Nature Walk/Virtual Reality 10:30 Morning Exercise/Fun Facts 1:30 Seated Yoga/Rosary 3:00 Guess Who/Gardening 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>12</b> 9:30 Nature Walk/Virtual Reality 10:30 Sit & Fit 1:30 Art Appreciation/Activity Cafe 3:00 Flower Arranging/Game Play 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV <b>13</b> 9:30 Comedy Hour 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV <b>14</b> 9:30 Comedy/Activity Cafe 10:30 Morning Stretch 1:30 Seated Yoga/Rosary 3:00 Game Play/ Summer Spritzers 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>15</b> 9:30 Music Hour/Walk Club 10:30 Stretch & Flex 1:30 Let's Move/Activity Cafe 3:00 Trivia Fun! 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>16</b> 9:30 Comedy Hour/Walk Club 10:30 Sit & Fit 1:30 Seated Yoga/Rosary 3:00 Sing Along 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>17</b> 9:30 Nature Walk/Virtual Reality 10:30 Seated Strength 1:30 Sit & Fit/Let's Create 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>18</b> 9:30 Nature Walk/Virtual Reality 10:30 Morning Exercise/Fun Facts 1:30 Seated Yoga/Rosary 3:00 Guess Who/Gardening 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>19</b> 9:30 Nature Walk/Virtual Reality 10:30 Sit & Fit 1:30 Art Appreciation/Activity Cafe 3:00 Flower Arranging/Game Play 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV <b>20</b> 9:30 Comedy Hour 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV <b>21</b> 9:30 Comedy/Activity Cafe 10:30 Morning Stretch 1:30 Seated Yoga/Rosary 3:00 Game Play/ Summer Spritzers 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>22</b> 9:30 Music Hour/Walk Club 10:30 Stretch & Flex 1:30 Let's Move/Activity Cafe 3:00 Trivia Fun! 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>23</b> 9:30 Comedy Hour/Walk Club 10:30 Sit & Fit 1:30 Seated Yoga/Rosary 3:00 Sing Along 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>24</b> 9:30 Nature Walk/Virtual Reality 10:30 Seated Strength 1:30 Sit & Fit/Let's Create 3:00 Happy Hour 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>25</b> 9:30 Nature Walk/Virtual Reality 10:30 Morning Exercise/Fun Facts 1:30 Seated Yoga/Rosary 3:00 Guess Who/Gardening 4:00 Activity Cafe/Indoor Walk 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>26</b> 9:30 Nature Walk/Virtual Reality 10:30 Sit & Fit 1:30 Art Appreciation/Activity Cafe 3:00 Flower Arranging/Game Play 4:00 Music Band/Indoor Walk 6:00 Movie Night/Table Games	8:00 Catholic Mass on TV <b>27</b> 9:30 Comedy Hour 10:30 Sit & Fit/Knit, Stitch & Convo 1:30 Let's Move/Game Play 3:00 Sing Along 4:00 Indoor Walk/Activity Cafe 6:00 Movie Night/Table Games
8:30 Catholic Mass on TV <b>28</b> 9:30 Comedy/Activity Cafe 10:30 Morning Stretch 1:30 Seated Yoga/Rosary 3:00 Game Play/ Summer Spritzers 4:00 Indoor Walk/Music Band 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>29</b> 9:30 Music Hour/Walk Club 10:30 Stretch & Flex 1:30 Let's Move/Activity Cafe 3:00 Trivia Fun! 4:00 Indoor Walk/Bean Bag Toss 6:00 Movie Night/Table Games	8:30 Catholic Mass on TV <b>30</b> 9:30 Comedy Hour/Walk Club 10:30 Sit & Fit 1:30 Seated Yoga/Rosary 3:00 Sing Along 4:00 Indoor Walk/Adult Color 6:00 Movie Night/Table Games		  <b>Daily Walk Club</b> at 10:00 AM & 4:00 PM	  <b>Daily Activities</b> Date & Time are Subject to Change	  <b>Mass Schedule on TV</b> Catholic Mass Monday - Saturday at 8:00 on Catholic TV